

India is a vast and varied subcontinent, with 2.4% of global landmass supporting over one-sixth of the world's population. The country is undergoing nutrition and health transition. While the pre-transition nutrition and health problems such as under-nutrition, micronutrient deficiencies and communicable diseases remain major public health problems, there has been a steady if slow rise in prevalence of over-nutrition and non-communicable diseases. There are vast differences not only between the states but also between districts in large states in nutrition and health status of the population and the rate of ongoing transition. Surveys to assess dietary intake, nutritional status and health status of the population are essential to monitor ongoing nutrition and health transition and initiate appropriate interventions.

Major national surveys such as those conducted by the National Nutrition Monitoring Bureau, Rapid Survey of Children conducted by UNICEF and Dept. of Women and Child Development, National Family Health Survey and District Level Household Survey conducted by IIPS Mumbai, and Annual Health Survey conducted by the Registrar General of India provide valuable insights into the on-going health and nutrition transition. There are variations not only between States but also between districts in the same State. These data provide the basis to plan and implement district and state-specific interventions. They also provide a mechanism for monitoring the progress achieved. The national and State level data have been used to monitor progress towards achieving targets set in the Millennium Development Goals.

All these Reports and Fact sheets are available on the websites of the respective organisations and Ministries, but these are not accessed and used by a majority of the post-graduate students and faculty in medical and home science colleges. In an effort to disseminate and promote greater utilisation of the data that are available in the public domain, NAMS and NFI are organising this Symposium on "Nutrition and Health Transition in India: Evidence from National Surveys". The presentations in the Symposium will cover the following major areas:

- nutrition and health transition in India based on the data on time trends in dietary intake, nutritional and health status of the population
- policy, programme, and research implications of the ongoing transition
- inter-state and inter-district differences in nutritional and health status
- use of these data for decentralized district based planning of interventions and monitoring the impact of ongoing interventions
- monitoring progress and achievement regarding MDG targets at national and state level
- setting national targets for SDG based on data from completed national surveys.

*The President and Members of the Governing
Body of Nutrition Foundation of India
cordially invite you to attend the
NAMS-NFI Symposium on*



*“Nutrition & Health Transition in India:
Evidence from National Surveys”*

*Venue: Kamla Raheja Auditorium
JS Bajaj Centre for Multi-professional Education,
NAMS House, Ansari Nagar New Delhi - 110016
Date: 30.11.2016 9.00 AM - 6.00 PM*