

Medical Sciences and Department of Biotechnology. The Workshop brought together nutrition scientists, physicians, medical educationists and programme managers to discuss the current curriculum and suggest the changes in nutrition component in undergraduate medical curriculum so that the students learn about:

- The current methods for prevention, detection and management of macro and micro nutrient deficiencies / excesses and their health consequences.
- Appropriate nutritional support during and after illness – especially in those suf-

fering from chronic illnesses – to prevent further deterioration and assist in rapid improvement in health and nutritional status of individuals.

A large number of academicians, scientists and policy makers participated in the Workshop and after intensive deliberations, a set of clear and concise recommendations for the incorporation of Nutrition in the 12 specific disciplines (anatomy, physiology, biochemistry, pharmacology, bacteriology, pathology, medicine, surgery, preventive and social medicine, pediatrics, obstetrics and orthopaedics) of the Undergraduate Medical Curriculum were drawn up.

LECTURE PROGRAMMES

One of the important objectives of the Foundation is to disseminate and exchange information on nutrition-related problems. Lecture Programmes of the Foundation have been one of the major means of meeting this objective.

C. Ramachandran Memorial Lecture

The C Ramachandran Memorial Lecture

which was instituted in 2001 is the highlight of the Annual Foundation Day which is held in the last week of November. C. Ramachandran was a brilliant student of Madras Medical College, whose promising career was unfortunately cut short by his premature demise while he was still a student. Mrs. Seetha Gopalan and Dr C. Gopalan initiated this series of annual lectures with an endowment in memory of their late son.



A Lecture Programme in the Seminar Room at NFI

The lectures in these series have been delivered by :

- Dr M.K. Bhan (Former Prof. of Paediatrics, AIIMS & currently Secretary, Deptt of Biotechnology) 2001
- Dr N.K. Ganguly (Director-General, Indian Council of Medical Research) 2002
- Dr R.A. Mashelkar (Director-General, Council for Scientific and Industrial Research) 2003



Dr Mashelkar in conversation with delegates after delivering the C. Ramachandran Memorial Lecture

On November 29, 2004, the C. Ramachandran Memorial Lecture will be delivered by internationally eminent scientist, Dr M.S. Swaminathan, (President, Dr M.S. Swaminathan Research Foundation), during the inaugural session of NFI's Silver Jubilee symposium.

Study Circle Lectures

NFI has been organising a monthly Study Circle Lecture as one of the mechanisms of dissemination of information and promotion of awareness on nutrition related knowledge. These lectures are held every month and are generally well-attended. The lectures bring together nutritionists, medical professionals and health administrators interested in the cause of nutrition and to provide a common forum for them to interact. The lecture in the Study Circle range from presentations of research findings to reviews of scientific papers and discussions on relevant National issues related to Nutrition.

The response of the scientific community to these lectures has been heartening. The audience includes staff of the medical colleges, home science colleges and non-gov-

ernmental and bilateral agencies in the city. These lectures have helped in creating a strong scientific fraternity of Nutrition.

Special Lectures

Apart from the regular monthly lectures organized under its Study Circle programme, special lectures by outstanding visiting nutrition scientists are also organized.

Lectures by the President, Director and Deputy Director

As part of the lecture series, the President, Director and Deputy Director of the Foundation accept invitations from important organizations to speak on Nutrition-related topics. A comprehensive list of all these lectures is given in the Appendix.

Journal Club

Meetings of the Journal Club are held every week which provide an opportunity for the scientific staff of the Foundation to present and discuss findings from important current research publications.