

## Dr Prema Ramachandran

### Academic Qualifications

- MBBS (Madras) 1967, MD (Madras) 1971, MNAMS 1974
- Fellow of the National Academy of Medical Sciences 1985 .



### Current Position

Director, Nutrition Foundation Of India, New Delhi-110016

### Previous Positions

- Adviser ( Health , nutrition and Population) in Planning Commission 1995-2003
- Deputy Director General Indian Council of Medical Research 1986-1994.
- SRO, Asst Director and Deputy Director at National Institute of Nutrition Hyderabad 1976-1986
- SRO Contraceptive Testing Unit of ICMR , Madurai 1971-1975

**Worked for the Indian Council of Medical Research for twenty four years (1971-1994).** Carried out clinical and operational research studies on:

- contraception,
- undernutrition in women and children,
- nutrition- health and nutrition fertility interactions
- delivery of health , nutrition and family welfare services through existing primary health infrastructure in communities where under nutrition and anaemia are common
- HIV infection in India

Based on these research studies about 150 papers have been published in peer reviewed national and international journals.

Had received two National awards for research work in the field of **Maternal Nutrition:**

V.N.Patwardhan award of the Indian Council of Medical Research **1979** and Kamla Puri Sabharwal Oration Award 1996

### Membership of National/international Committees

**Member Secretary** Planning Commissions Steering Committees on Nutrition, Health and Population stabilization for Tenth Plan

**Member Secretary Planning Commissions** Steering Committees on Health Human resource development for health and Population stabilization for Ninth Five year plan

**Member of Working groups on health, nutrition and population for Ninth, and Eleventh Plan health, nutrition and education for Twelfth Plan**

### **Indian Council of Medical Research**

*Past Member Scientific Advisory Board of ICMR*

*Past Member Scientific Advisory Group,*

- Division of Non communicable disease,
- Division of Communicable diseases,

Currently Member of the *Scientific Advisory Group of*

- Division of Reproductive health and Nutrition Division

*Member Scientific Advisory Committee,* of National Institute of Nutrition

Past Chairman Steering Committee of the National Nutrition Monitoring Bureau

### **National Academy of Medical Sciences**

Past President of the National Academy of Medical Sciences

Member of the Council of the National Academy of Medical Sciences

Past Member of the Credential Committee

Chairman Continuing Medical Education Committee

### **World Health Organisation**

Member of Steering Committee of WHO Task Force on Oral Contraceptives, 1977-1984.

Member, WHO Steering Committee of Task Force on Evaluation of Fertility Regulating Methods, 1985-1988.

Member, Steering Committee of WHO Task Force on Pregnancy and Perinatal Care, 1982-1983.

ICMR Representative, Steering Committee, Task Force for Epidemiological Research, 1992-95.

Acted as temporary adviser to WHO on the following projects:

- Prevalence of Vitamin B Complex deficiency in OC users.
- Lactation Nutrition Fertility Interaction.
- Low Birth Weight Study (WHO-SEARO)

### **Past Secretary**

International Union of Nutrition Sciences - Sub-committee on Lactation and Fertility.